

ENRICHMENT DESCRIPTIONS

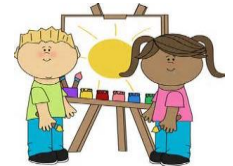
Yoga:

The goal of Yoga is to promote harmony through movement and breathe in the form of play and creative activity. We use Yoga and the body as the springboard to learning. Come join us for a fun filled enrichment class filled with Yoga activities for children. Taught by Miss Louisa.



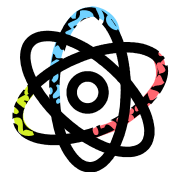
Little Picasso:

Have your child join us each week for an overview of art history. We will touch on different periods, styles and mediums, focusing each week on a different artist. As we read a story about the artist, see examples of their work, your child will then have the opportunity to recreate their interpretation of each particular master. This will be a creative kind of experience with the emphasis on **process**, not **product**.



Science:

An exciting program for little hands and inquisitive minds! Each week we will explore different areas of science; chemical reactions, our body, weather, magnets, senses, etc. Related stories will further enhance this class.



Gymnastics/Sports:

Please join Miss Cathy and Miss Harriet for some fun this year. Classes are great for improving motor skills, hand eye coordination, and building self-confidence.

GYMNASTICS--tumbling, gymnastics, balance, jumping, games, and loads of fun!!!!

SPORTS- including soccer, tennis, kickball, baseball, bowling, and many more and loads of fun! * Water games weather permitting!



Dance:

Children love to move to music and we hope to channel that joy into a lifelong love of dance. These early creative movement classes focus on the basics of dance, such as listening to the teacher and following her movements, developing a feeling for music, in other words, having fun and enjoying movement. Students perform in a year-ending Studio Showcase for parents and friends.



Tennis:

Taught by Michael Beitman who has worked as an instructor at Trumbull Racquet Club and Fairfield County Tennis. Michael brings his enthusiasm for the sport and his friendly demeanor to teach and encourage young tennis players.



Fun with Sounds and Letters

In this enrichment program, we will use multisensory activities (sounds, pictures, stories, movements, and crafts) to have fun while jumpstarting phonemic awareness and literacy skills:

Our Goal: To have FUN while teaching students to:

LISTEN for speech sounds , MOVE with a unique action for each sound , SEE and find a letter for each sound , PLAY with sounds to make W-O-R-D-S , **ENJOY** and make fun memories with letters and learning.

Fun with Sounds and Letters is based on the **Sounds in Motion** approach, and created for a fun, preschool environment. It is run by a certified Speech Language Pathologist with a background and passion for reading readiness and pre-literacy skills.